

# Binghamton Club

FEBRUARY 2018



## Upcoming Events

**Yoga Classes** on Tuesdays  
at 5:30 pm  
\$10 payable to instructor



**Yogalates Class** on  
Thursdays at 5:30 pm

A sculpting and stretching class  
using a combination of yoga poses  
and Pilates core conditioning.  
Suitable for every body.

\$7 payable to instructor  
if you drop in

### Family Fun Day

Saturday, February 3rd

### Valentine's Day Dinner

Wednesday, February 14

## New Members

**Dr. Stephen Lauterbach** is a vascular surgeon with Xablecath Inc. Dr. Lauterbach resides in Binghamton.

**Anousheh Salimi** is self employed and resides in Binghamton.

**Jeanette N. Warren** is a partner with Hinman, Howard & Kattell LLP. Ms. Warren resides in Binghamton.

**John A. Sacco** is the owner of A Great Choice Lawn Care & Landscaping and Oasis Stone Scapes. Mr. Sacco and wife, Cheryl, reside in Binghamton.

**John M. Carrigg** is President/CEO of UHS. Mr. Carrigg and wife, JoAnn, reside in Endwell.

**Richard M. Jordan** is an attorney. Mr. Jordan and wife, Maureen, reside in Montrose, PA.

**Louis R. Panigrosso** is Vice President of Confidential Brokerage Services. Mr. Panigrosso and wife, Dr. Emily Panigrosso, reside in Endwell.

**Carol A. Pettinato** is the owner of CVP, Inc./Williams Doors and Hardware. Mrs. Pettinato and husband, Vincent, reside in Binghamton.

**Frederick L. Wortman** is Executive Vice President, CMO of Security Mutual Life Insurance Co. Mr. Wortman and wife, Kimberly, reside in Vestal.

## Thank You

**We would also like to thank the following members who *sponsored* special events (i.e. Lunch/dinner meeting, holiday parties, service clubs, tip club) at the Club in January**

Kathy Connerton  
Ron Goodwin  
Tracy Monell  
Peter Newman

**We would like to thank the following members for *hosting* assorted events (i.e. bridge, book club, family luncheon, holiday celebrations) at the Club in January:**

Sally Akel  
Rick Christ  
Doris Cronk  
Sindy Garey  
Dave Gouldin  
Dr. Jodie Howell  
Pat Kriebel  
Marian Meltzer  
John Mirabito  
Julianne Orband  
Matt Salanger  
Bob Seyerlein  
Brad Walters

## Member Anniversaries

**We would like to acknowledge the following members for their years of dedicated membership at the Binghamton Club.**

### **February**

Bill Night—70 yrs  
Bob Auchinachie Sr. —58 yrs  
George Akel—45 yrs  
Peter Papps—40 yrs  
Ron Goodwin—39 yrs  
Dr. Jim McNerney—32 yrs  
Bruce Boyea—22 yrs  
Frank Jones—21 yrs  
Walt Bielinski—20 yrs  
Mark Gorgos, Joe Howell, Steve Miller Jr.—14 yrs  
Jim Peduto—13 yrs  
Dr. Scott Farrell, Travis Hayes—12 yrs  
Pete Pheffer—4 yrs  
Kathryn Connerton, Scott Freeman—3 yrs  
Paul Hoffmann—3 yrs  
Katelyn Aurelio, Chris Dixon—2 yrs  
Michael Fosbury, Maria Montemagno—2 yrs  
Greg Catlin—1 yr

# February 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 PRIME RIB Yogalates	2	 Fish Fry	3
		Chili with Corn Bread—\$7.95				
4	5	6 Yoga Class 	7 PRIME RIB	8 PRIME RIB Yogalates	9  Power Hour	10
		Meatloaf with Bacon over Mashed Potatoes—\$7.95				
11	12	13 Yoga Class 	14 PRIME RIB 	15 PRIME RIB Yogalates	16  Fish Fry	17
		Pierogies with Sauteed Onions—\$7.95				
18	19	20 Yoga Class 	21 PRIME RIB	22 PRIME RIB Yogalates	23  Fish Fry	24
		City Chicken with Potato Salad—\$7.95				
25	26	27 Yoga Class 	28 PRIME RIB			
		Beef Stew —\$7.95				

## Tuesdays - 5-7 PM

Free Chicken Wings

& BOGO Draft Beers and House Wines

FREE WINGS FROM 5-7 PM IN MAIN BAR

CHOICE OF Mild or Garlic (Medium)

Dine-in only— No Take Out



Not available to private parties

Prime Rib Nights - Wednesday and Thursday Nights as Designated

10 oz. or 12 oz. Slow Roasted Prime Rib of Beef au Jus w/ choice of small clubhouse salad or cup of soup & baked potato or vegetable du jour

Reservations Requested

722-2329



## Fridays

Fried Fish

Coleslaw

Fries

\$10

Mardi Gras  
Power Hour

Friday February 9th

5:00-7:00pm

with

Trivia Night

To follow

Entertainment & Trivia By:

Sponsored By:

DiMenna's

&

Scagnelli's



Hors d'oeuvres

&

Drink Specials

For More Information on Sponsoring a Power Hour  
Please Contact Amanda Cronk at (607) 722-2329 or  
[Amanda@binghamtonclub.com](mailto:Amanda@binghamtonclub.com)



# Valentine's Day

Wednesday February 14th

## Appetizer

*Sweet Red Bell Pepper Soup with California Olive Oil*

*Lump Crab Cake with Remoulade and Micro Greens*

*Fondue of French Cheeses*

## Salad

*Slow Roasted Beet and Arugula Salad with Goat Cheese and Almonds*

*Classic Caesar Salad with Parmesan Crisp*

## Entrees

*Filet of Beef with Bordelaise Sauce*

or

*Poached Seabass with a Saffron Beurre Blanc*

or

*Grilled Bone in Breast of Chicken with Cranberry Gastrique*

or

*Vegetable Terrine with Roasted Pepper Coulis and Crispy Onions*

## Dessert

*Strawberry Cheesecake with Fresh Berries & Whipped Cream*

or

*Chocolate Cake with Ganache and Whipped Cream*

*Complimentary Glass of Champagne for Each Guest*

*Entertainment String Quartet*

*Reservations Required 722-2329*

*Seatings at 6:00 pm, 6:30 pm, 7:00 pm & 7:30 pm*

*\$120.00 per couple ++*



# Binghamton Club

83 Front Street  
Binghamton, NY 13905  
Phone: 607-722-2329  
www.binghamtonclub.com



The Center of your Business/Leisure Network

## BOARD OF GOVERNORS

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## Become Stronger and Leaner in the New Year!

2018 is a New Year to reach towards your fitness goals of getting fitter, healthier and stronger! Prioritize and make those changes! Now is the time to schedule a consult with me to find a plan right for you!

You can reach me (Cathy Aranda) via email at [dynam-icfitness607@gmail.com](mailto:dynam-icfitness607@gmail.com) or phone at 607-237-1786.

Let's make this year the turning point for a new fit body!

